

## Our track record

- Since the programme began in 2002-03, a total of 2656 college students have completed the On Track programme – an average of 379 students per year.
- Every year, more than 75% of On Track participants make a successful transition to degree-level study.
- 90% of On Track participants report that they would recommend the programme to other college students.
- 82.3% of college staff members rated the programme as effective in supporting learner transitions in a recent evaluation survey.
- On Track participants have made successful transitions to all seven HEIs in the west of Scotland (and beyond)
- Evaluation findings demonstrate that the study skills sessions and insight into university life provided by the On Track tutors help the vast majority of students make a smoother transition to degree study than would otherwise have been the case.



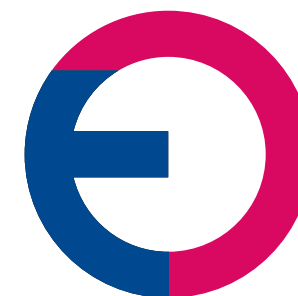
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# On track

Supporting college and university transitions



On Track is part of West of  
Scotland Wider Access Forum

Hundreds of college students progress to university each year, bringing with them a wide range of skills that enable them to succeed at degree level. Nevertheless, the differences between college and university study can worry students and pose certain challenges. The On Track programme addresses these challenges and enables students to enhance their success.

## What we offer to keep students On Track

- Study skills sessions designed around the requirements of degree-level assessment
- Sessions facilitated by undergraduate and postgraduate students who have made the transition from college to degree themselves
- A realistic insight into what degree-level study is like
- Transition support tailored to different subject areas
- Decision-making support
- Institutional neutrality
- Bespoke delivery customised to the needs and availability of college students
- And it's free!



## The On Track programme

- Introduction to university life and study
- Lectures, tutorials and labs
- Presentations and group work
- Critical thinking
- Written assignments and exams
- Referencing
- Library resources and reading lists
- And there's no homework!



## Who we work with

- On Track is part of the West of Scotland Wider Access Forum and works with all 21 of its member colleges
- On Track works with HNC, HND and Access students
- On Track works with all subject areas where demand exists

## Delivering the On Track programme

Over the seven years of its lifetime, On Track has developed a wealth of transition support material and study skills resources as well as a bank of experienced tutors that allow us to offer a customised model of support to learners. We are keen to work with college staff and students to design programme content and delivery around their particular requirements. Options include:

- **The Classic Model**

The full ten-hour programme delivered in weekly two-hour sessions

- **The Two-Stage Model**

Decision-making support and an introduction to university life in the autumn term, with subject-specific study skills in the spring after university choices have been made

- **The Fast-Track Model**

The full ten-hour programme delivered over two days

- **The Customised Model**

A reduced programme delivering selected sessions identified as particular priorities by college staff and learners

- **On Track Workshops**

One-off sessions on specific themes (e.g. essay writing) open to any college students

With the exception of On Track workshops, sessions will usually be delivered in college to specific course groups. The On Track team are happy to explore alternative delivery models if the above options are unsuitable (for example, elements of the programme may be delivered through distance learning, or to composite groups from different courses).